

## Pastoral Mediation Spiritual Assessment Form

The purpose of this Assessment is to give me a better idea how I might support you and be a resource for you, by prayer and intercession if nothing else. The information you provide will be seen only by me and will remain confidential.

Your Name:

### **My Spiritual Roots**

Church I attended as a child:

How involved were you?

Briefly describe how and when you decided to follow Jesus:

### **Church Involvement**

Church I currently or most recently attend:

How Long:

How Involved are you? (Circle one)

Low

Medium

High

Church activities or ministries most recently involved in:

Support I feel from my church through this difficult time. (Circle one)

Low

Medium

High

I am concerned about the impact divorce will have on my church involvement.

Low

Medium

High

I am concerned about church involvement and the spiritual care of my children.

Low

Medium

High

(Please briefly describe):

### **My Spiritual Life**

I am involved in a small group or have friends to support me, offering prayer and Christian counsel.

Low

Medium

High

(Please briefly describe):

I have a regular time of personal prayer, devotion, and Bible reading.

Low

Medium

High

It is difficult for me to pray right now.

Low

Medium

High

I am aware of God's presence in my daily life.

Low

Medium

High

I am concerned divorce is having a negative impact on my spiritual life.

Low

Medium

High

(Please describe briefly if willing):

The major spiritual issues/concerns I have right now are.....

(Please list in one or two word short answers. It might be anger or resentment, loss, failure, disappointment with God or self, forsaken, forgiveness for self or others, healing – you get the idea.)

The major concerns I have about my life moving forward are.....

(Please list in one or two word short answers.)

You (Bill) can support me most by....

(Yes, I am praying for you, so skip that one – though knowing how to pray specifically is always welcome.)